

April 2024



MCA Newsletter

In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace. **Ephesians 1:7**

Upcoming Dates

- Monday, Apr. 1 - No School, Easter
- Wednesday, Apr. 3 - Pizza Day
- Friday, Apr. 5 - Early Release at 11:30 am, Teacher Mtg. at 12:15 pm
- Monday, Apr. 8 - Subway, Board Mtg. at 6:30 pm (open to MCA families, teachers, and staff)
- Wednesday, Apr. 10 - Pizza Day
- Monday, Apr. 15 - Subway
- Wednesday, Apr. 17 - Pizza Day
- Monday, Apr. 22 - Subway
- Wednesday, Apr. 24 - Pizza Day
- Monday, Apr. 29 - Subway

MCA Information

CONSCIOUS DISCIPLINE – Assertiveness

(From the Conscious Discipline website)

FINDING YOUR ASSERTIVE VOICE

So, how do you acquire an assertive voice? The assertive voice is the voice of no doubt. It requires the same tone you would use to say, “The ceiling is above us.”

Mastering the assertive voice takes a lot of practice. One helpful trick is to recite these lines in your head before stating what you want a child to do: The sky is blue. The grass is green. You will state what you want the child to do in the same tone that you recited these lines in your head.

The sky is blue. The grass is green.
“It is time to line up.”

For more information about Conscious Discipline: <https://www.mccad.org/wp-content/uploads/Conscious-Discipline.pdf>

For more on the skill of Assertiveness: <https://consciousdiscipline.com/e-learning/webinars/reclaim-your-power-with-assertiveness/>

Assertiveness

Requires clear communication that focuses children’s attention on what we want them to do.

Passive Voice:

Sounds like a question: “Can you start cleaning up?”

Aggressive Voice

Sounds like a threat: “Clean up now or else!”

Assertive Voice:

Sounds like a statement of fact: “Pick up the blocks and put them in the bucket like this.”



Committee Members Needed

We are looking to add some members to some of the committees we have at MCA. If you would like to serve in this way, please let us know! If you have questions, please reach out!

Fundraising Committee: Evan Smith, mrmustach@gmail.com

Playground Committee: Brian Raynard, brianraynard@yahoo.com

Scholarship Committee: Jami Cox, jamidavis10@gmail.com



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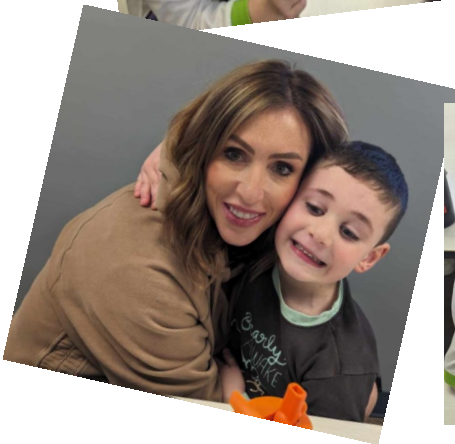
Inter-generational Playground Fundraiser with PCNH!



Congrats to Jamie Boas, beef raffle winner. She gets 1/4 beef from Sunset Acres! Thank you for supporting our intergenerational playground effort!

Pancakes and Pajamas

On Wednesday, February 28, we had our annual Pancakes and Pajamas Breakfast at MCA! Parents generously donated supplies and we made lots and lots of pancakes for the kids! There was sprinkles, whipped cream, and more! We also danced to many pancake theme songs, including our favorite, "Pancake Robot"! Thank you so much to everyone that made it possible!



WISH LISTS for
our teachers and
MCA. Please follow
the Amazon links.
Thank you!!

Mrs. Katie-K3 - <https://www.amazon.com/hz/wishlist/ls/2EED5OPX4E0GY>
Mrs. Smith-K4 - <https://www.amazon.com/hz/wishlist/ls/325CKHHJ102UQ>
Mrs. Caitlin-K4 - <https://www.amazon.com/hz/wishlist/ls/2ASMW120C9YSR>
MCA Office - <http://a.co/3XA9mXj>